# **Bromley Hills School Newsletter**



Autumn Term Week 5 3<sup>rd</sup> October 2025

Visit our website: www.bromhills.dudley.sch.uk

email: info@bromhills.dudley.sch.uk



DATES FOR YOUR DIARY
THIS HALF TERM

#### **OCTOBER**

Mon 6<sup>th</sup> – Y5 Parent Meeting for Astley Burf Residential at 3.30pm

Tues 7<sup>th</sup> – Y6 Parent Meeting for Pioneer Residential at 3.30pm

Tues 14<sup>th</sup> & Thurs 16<sup>th</sup> – Parents' Evening - 3.30pm onwards

Fri 17th - Class 1/2T Library Visit

Mon 20th - Class 2F Library Visit

Fri 24th - Class 3/4H Library Visit

Fri 24<sup>th</sup> – Last Day of Half Term

Mon 27th - Fri 31st - Half Term

#### NOVEMBER

Mon 3<sup>rd</sup> – Class 3/4L Library Visit

Fri 7th - Class 3/4N Library Visit

Mon 10<sup>th</sup> - School Photos (individual)

## PARENTS' EVENING

Please use this opportunity to meet your child's new class teacher and to find out how well your child has settled.

Appointments can be made online and will be available to book next week.

If you are unable to make either of these dates, please let the class teacher know.

# MESSAGE FROM THE HEADTEACHER

Dear Parents/Carers,

This week, we have enjoyed watching our Harvest assemblies and, therefore, a very heartfelt congratulations to all of the children for doing so well. In each assembly, the children sang beautifully, and they all spoke well. It is a special time of year, where we can stop and think about where our food comes from and to say thank you for all that we have. Thank you to everyone who came and watched the assemblies – we hope you enjoyed them!

Thank you for all of your donations which we will take to the Black Country Food Bank warehouse in Brierley Hill. Our School Council will deliver the items, and they will have an opportunity to have a look around and ask lots of questions. This is a wonderful experience and a chance to see behind the scenes at this very important charity, where, I am sure, they will learn a lot.

Have a lovely weekend.

Many thanks, Jon Stevens.

#### LIBRARY VISITS

This year, we are returning to the local library in Kingswinford so that children can experience the joy of visiting a library where there is a treasure trove of books that children can enjoy.

As this is the first time that Y1 will be going, they will have the opportunity of joining the library, so that they can visit any time during term time or during the holidays. Y2-Y6 have all been before, and so they can continue their membership.

Please keep an eye out for the dates that each class will be going. All classes will be going during the school day and will be walking to the library.

### HOUSE POINTS - THIS WEEK'S WINNERS ARE: AIR!



#### ATTENDANCE THIS WEEK

Class RB - 90%

Class RSL - 88%

Class 1B - 92%

Class 1/2T - 99%

Class 2F - 97%

Class 3/4H - 96%

Class 3/4L - 94%

Class 3/4N - 95%

Class 5/6Ba - 91%

Class 5/6Bi - 97%

Class 5/6K - 93%

# Total attendance for this week is: 94%

Well done to class 1/2T for their **99% attendance this week!** 











# **Bromley Hills School Newsletter**



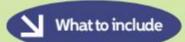
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# School Packed Lunch Guide



We've designed the information in this guide to ensure you have the simplest advice to create healthy, nutritious and tasty packed lunches!

Lunch boxes should be varied and consider the Eatwell Guide https://www.nhs.uk/livewell/eat-well/food-guidelines-and-foodlabels/the-eatwell-guide/

They must not contain any chocolate, sweets or other confectionery, including cereal bars and processed fruit bars.

TIP! Children are more likely to enjoy it if they helped make it.



### Carbohydrates

Bread - wholemeal, white, brown Rolls or bagels Pizza, pitta bread or wraps Potatoes, rice, pasta or noodles



### Fruit & Vegetables

Salad - coleslaw, vegetable sticks, cherry tomatoes, radishes Vegetables in pasta or rice

Fresh fruit - apples, satsumas, bananas Fruit in jelly or juice

Dried fruit - apricots, dates, apple slices, raisins



### **Proteins**

Meat - beef, lamb, ham, pork, bacon, chicken, turkey, Fish - tinned tuna, salmon, mackerel,

sardines, pilchards

Cheese or cheese portion Eggs, pulses, kidney beans/chickpeas in



a salad

### Milk & Dairy

Yoghurts or Fromage Frais Milk puddings e.g. Muller rice or Ambrosia custard Grated cheese, cheese portion or Dairylea and cheese biscuits

Drinks - include water but avoid sugary and fizzy drinks











